

## Special Instructions

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As the patient, if you have any questions or problems:

- Call your prescribing physician with any physical or medical problems.
- Call your fitting specialist for any problems associated with the product.

Physician Name \_\_\_\_\_

Physician Phone \_\_\_\_\_

Fitting Specialist Name \_\_\_\_\_

Fitting Specialist Phone \_\_\_\_\_

**ottobock.**

## Instructions for Ottobock Air Walker Boot



Quality for life

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## 50S157=\* Ottobock Air Walker Boot

Thank you for using an Ottobock product. The following information will help you fit and care for this product. Please review it and ask for clarification if needed.

### Indications

- Achilles tendon rupture
- Forefoot or midfoot fracture
- Ankle fracture
- Distal fibula fracture
- Soft Tissue Injuries
- Post-Operative use
- Trauma and Rehab

### Application

Follow all instructions carefully that were provided by the fitting specialist and your prescribing physician.

1. Unfasten the Velcro straps, set aside, and remove inner soft good liner. Leave the white pull straps on the inside of the walker shell intact.
2. Open the soft good liner and place the foot and ankle inside. Ensure the heel and remainder of foot and lower leg are snug, and then close the soft good liner with the Velcro.
3. With the pull tabs intact, gently spread the side struts and place the foot onto the foot plate heel first, then the forefoot. The ankle should be centered at the struts with the ankle and foot at 90.
4. Once in the correct alignment, remove the white pull tabs and gently push the struts towards the soft good liner to ensure the Velcro on the walker are making contact with the soft good liner.
5. For added comfort, the extra rectangular shaped pads may be used for extra padding inside the soft good, under straps, between the walker shell and the soft good liner etc.
6. Fasten the Velcro straps beginning at the toe, then moving up the lower limb.

#### CAUTION

NOTE: Do not over tighten. As swelling patterns change it may be necessary to adjust the straps.

7. Inflate the inner soft good. Rotate the knob gently clockwise until it stops. Do not crank too tightly.
8. Press the pump to inflate until comfortable and secure.
9. To deflate, rotate the knob counterclockwise.
10. Following physician direction, if prescribed to remove the limb for hygiene or range of motion exercise, unfasten the straps but do not remove them completely from the assembled walker. Unfasten the soft good liner and gently bring the foot and ankle forward and out of the walker. To reapply, place the foot and ankle back into the soft good and reattach the Velcro closures.

#### CAUTION

NOTE: Do not over tighten. For best results, adjust each strap a second time to ensure a comfortable fit.

### Removal

1. To remove the brace, unthread the hook and loop straps to release and remove padding.
2. Clean as necessary.

### Cleaning and Care

#### CAUTION

1. Hand wash in cold water using mild soap. Do not bleach.
2. Line dry only. Allow to drive thoroughly.
3. Avoid direct heat or sun.

### Further Usage Restrictions

The product is designed for use on one patient only. Reuse of the product is not permitted. The daily duration of use and period of application are dependent on medical indication.

### Liability

The manufacturer's warranty applies only if the device has been used under the conditions and for the purposes described. The manufacturer recommends that the device be used and maintained according to the instructions for use. Details of the warranty are available at [www.ottobockus.com](http://www.ottobockus.com)

### Clinical Fitting Instructions

1. Measure the shoe size.
2. Select appropriate size.

### Adult Sizing Guide

	Men's	Women's
<b>X-Small</b>	2-4	3.5-5.5
<b>Small</b>	4.5-7	6-8
<b>Med</b>	7.5-10.5	8.5-11.5
<b>Large</b>	10.5-12.5	11.5-13.5
<b>XLarge</b>	12.5+	13.5+